



ST. JEROME'S UNIVERSITY

St. Jerome's University in the University of Waterloo

Department of Italian & French Studies

ITALST 100 Fall 2022

Understanding Modern Italy

Online

INSTRUCTOR AND TA INFORMATION

Instructor: Dr. Andrea Privitera
Office Hours: Online by appointment
Email: andrea.privitera@uwaterloo.ca

COURSE DESCRIPTION

The paradoxes and contradictions of Italian culture and society are notorious. Italians themselves find it difficult and frustrating to define their own national identity, while outsiders are often baffled by a seemingly intractable complexity. In recent years, scholars in Italian studies have been increasingly attracted by the idea that, more than most other European countries, **Italy is in fact an optical illusion, a mirage that dissipates as soon as one gets too close to it.** An extremely varied geography (ranging from the highest peaks on the European continent to the center of the Mediterranean Sea), a “common” language that was not widely spoken or understood by the majority of the population until the arrival of television in the 1950s, a political history of division and separation that a bloody unification was not able to overcome, all these factors have long resisted the emergence of a strong national identity. And yet, today perhaps more than ever, certain aspects of Italian culture have become international and indeed global points of reference. No major city in the world lacks Italian restaurants, much of the global elite wears Italian fashion, young people all over the world dream of driving a Ferrari, cultivated people in Tokyo and Singapore attend Italian Opera, and young people in New Delhi no less than in London, Moscow, or Cairo study the films of Visconti, Fellini, and Antonioni. In sum, the global importance of Italian culture seems to be out of proportion with the country's overall weight, in population, in the international economic system, and on the global political scene.

We will examine the emergence of modern Italy from the problematic process of unification and will trace its development up to the contemporary period, focusing on key moments such as WWI, Fascism, WWII and the post-WWII economic boom. We will thus attempt to map some of the central characteristics of contemporary Italian society and culture. We will be guided by the idea that Italy is less a coherent concept than an experience, and within this experience, characterized by certain key tensions and controversies more than by stable qualities and attributes. The objective is to develop the basic understanding necessary to orient oneself in the seeming incoherence of contemporary Italian reality.

COURSE OBJECTIVES

The overarching goal of this course is to help you to develop the basic understanding necessary to become oriented to the seeming incoherence of contemporary Italian reality.

Specifically, by the end of the course, you will be able to

- frame the main events of Italian modern history (1848-1994) within the context of European and global history;
- describe the main sources of conflict in Italian society (centralism/regionalism, secularism/religion, legality/crime, left/right, etc.);
- recognize how contradictions in Italian history and society are commented upon in the readings and audiovisual material presented during the course; and
- articulate informed arguments about contradictions in Italian modern history and society in an eloquently written essay.

MATERIALS AND RESOURCES

Please Note: You are required to secure access to the material listed in this section independently, either through the WStore or other legal providers. However, **the material listed in this section does not include all reading and audiovisual material for this course.** Access to additional required material will be provided directly in each course module, alongside optional material. Please consult the introductory page to each module for a comprehensive list of the required readings and viewings each week.

Required Textbooks

- Tomasi di Lampedusa, G. (2007). *The leopard*. Penguin Random House.
 - Note: You may also choose to read this in an electronic format, or listen to it as an audio book.
- Ginsborg, P. (2003). *A history of contemporary Italy*. Palgrave Macmillan.

For textbook ordering information, please contact the [W Store | Course Materials + Supplies](#).

For your convenience, you can compile a list of required and optional course materials through [BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and wish to call the Waterloo Bookstore, their phone number is +1 519-888-4673 or toll-free at +1 866-330-7933. Please be aware that textbook orders **CANNOT** be taken over the phone.

Required Films

- Luca Guadagnino's *Call Me by Your Name*, 2017
 - Note: You are required to view this film. It is available on CBC Gem or other sources. Check your local library.

Course reserves

[Course Reserves for Students](#) are used in this course. Course Reserves can be accessed using the **Library Resources** widget on the **Course Home** page.

Resources

- Library services for [Co-op students on work term and students taking online courses](#)

COURSE REQUIREMENTS AND ASSESSMENT

Grade Breakdown

The following table represents the grade breakdown of this course.

Activities and assessments	Weight
Weekly discussions (x11, Module 2-Module 12)	15%
Weekly quizzes (x10, Module 2-Module 11)	10%
Online midterm test	20%
Proposal for final paper	10%
Final paper	20%
Online final test	25%

Official grades

Official Grades and Academic Standings are available through [Quest](#).

Weekly discussions

Active participation is important in this course — as such, you are expected to participate in a discussion activity every week (Modules 1-12). Participation in the discussion entails both posting your own thoughts on the weekly discussion questions, as well as contributing thoughtful responses to your peers' posts. Your course instructor will read all posts and join the conversation occasionally but will not respond to each post individually.

Discussions will occur in small groups of approximately 10-15 students and, with the exception of the Module 1 discussion, will be graded. (The Module 1 discussion is ungraded).

Discussions are worth 15% of your course grade.

Length of posts: Your posts should be a **maximum of 250 words**.

Please visit the LEARN course site for additional information on this assignment, including grading criteria.

Weekly Quizzes

You are required to submit weekly quizzes in this course, starting in Week 2 and ending in Week 11. The goal of the weekly quizzes is to help you keep up with the course material; as such, these will cover **lecture content** as well as **required readings and viewings**. There will be 10 questions in each quiz, apart from the Module 7 quiz, which will have 5 questions in recognition of the fact that the Midterm test is also due at the end of Module 7.

Quizzes are worth 10% of your course grade.

Important! The weekly quizzes are considered “closed book” and you are expected to complete them on your own. **Collaboration with peers is not permitted.** Feedback will be available **4 days after the due date**.

For more information and guidelines, please consult the assignment page on the LEARN course site.

Online midterm test

You are required to complete an online midterm test in this course. The online midterm will cover content from **Module 1 to Module 6**, including both weekly lecture content (text-based and video), as well as the required readings and viewings in these modules. The test will comprise **6 short-answer questions**. Your answers should take the form of a long paragraph – do not resort to bullet points or lists. Be sure to provide examples from the readings, and be as exhaustive as possible in your answers. You should demonstrate that you have knowledge of the readings and that you have reflected on the text and are familiar with its most important themes by using quotations from primary sources, and by making reference to details and giving examples of episodes referred to in the texts covered. You should not repeat information you've provided in one answer in other answers. Your answers to each question should be between **80 and 150 words** in length. This will require you to write concisely, which is an important skill both while at university and in your future career.

The online midterm test is worth 20% of your course grade. Your instructor will advise you when feedback is available in the Announcements. Please acquaint yourself with the late policy for the online midterm, located on the [Policy on Late Work and Missed Assignments](#) section.

Important! The online midterm test is considered “**open book**” but you are expected to complete it on your own. **Collaboration with peers is not permitted.**

For more information and guidelines, please consult the assignment page on the LEARN course site.

Proposal for final paper

You are required to submit a short proposal outlining your topic and the main sources you intend to use in your final paper. The proposal should describe how your paper will analyze, through the lens of Italian studies scholarship, a work of fiction about modern Italy. Your proposal should include

- a short description of your topic,
- your thesis statement (i.e., what claim are you making in the paper? What is your position on your topic?), and
- a list of 2-5 sources that you plan to explore for your topic. You may not find all of these useful when actually writing your final paper, but you should use at least two.

The proposal is worth 10% of your course grade and **should be 250-500 words**.

Please consult the course site on LEARN, where you will find a non-exhaustive list of potential topics, Writing and Communication Centre resources, how to submit the assignment and the assignment rubric.

Final paper

You are required to submit a final paper demonstrating your learning in the course. The topic is of your choosing, as outlined in the proposal you submitted earlier in term, with the expectation that it should analyze, through the lens of Italian studies scholarship, a work of fiction about modern Italy. (Refer to the Proposal for final paper page on LEARN for a non-exhaustive list of potential topics to explore in your final paper.)

Important note: Please ensure that you take your instructor's feedback on your proposal into account when you write your final paper.

The paper should

- be typed using 12pt Times New Roman font,
- use MLA style for title page, headings, and page numbering,
- be double-spaced,
- use one-inch margins, and
- be a **minimum of 5 pages**, and a **maximum of 8 pages**.

Your final paper is worth 20% of your course grade.

Please visit the Final Paper page on the LEARN course site to see the full rubric for this assignment, how to write and submit your final paper, and how Turnitin will be used to ensure academic integrity.

Online final test

You are required to complete an online final test in this course. The online final test will cover content from **Module 7 to Module 12**, including both weekly lecture content (text-based and video), as well as the required readings and viewings in these modules. The test will comprise **6 short-answer questions**. Your answers should take the form of a long paragraph – do not resort to bullet points or lists. Be sure to provide examples from the readings, and be as exhaustive as possible in your answers. You should demonstrate that you have knowledge of the readings and that you have reflected on the text and are familiar with its most important themes by using quotations from primary sources, and by making reference to details and giving examples of episodes referred to in the texts covered. You should not repeat information you've provided in one answer in other answers. Your answers to each question should be between **80 and 150 words** in length. This will require you to write concisely, which is an important skill both while at university and in your future career.

The online final test is worth 25% of your course grade. Please acquaint yourself with the late policy for the online final test, located on the [Policy on Late Work and Missed Assignments](#) section of this outline. Feedback will not be available for the online final test; however, if you have questions about your performance on the final test, you are encouraged to reach out to your instructor.

Important! The online final test is considered “**open book**” but you are expected to complete it on your own. **Collaboration with peers is not permitted.**

For more information and guidelines, please consult the assignment page on the LEARN course site.

OPTIONAL LIVE SESSIONS WEEKLY CHECK-IN AND BOOK CLUB

What are these sessions?

Each week, you will have the opportunity to participate in **optional** live sessions with your instructor, called “**Weekly check-in and book club**”. The timing of these sessions will be announced at the start of term. Please note that **attendance is entirely optional**. If you are unable to attend, **recordings will be made available** via Announcements.

Why should I participate?

These sessions have a two-fold purpose:

1. To review the content covered that week, and provide the opportunity to ask your instructor questions about it (~30 mins);
2. To discuss the week's readings and viewings with your peers and your instructor in an informal "book club" setting (~30 mins).

How do I participate?

The Optional live sessions for ITALST 100 will be **on Fridays from 12:30 pm to 13:20 pm (Eastern Time) starting from September 16**.

You can join the sessions from the Zoom widget from **Course Home** on the course navigation bar on the LEARN page and then choose **Zoom** (in the Zoom widget) on the left side on the course site.

There will be no Optional Live session on October 14 due to Reading week. The last session will be on December 2.

More details may be posted in the Announcements, and recordings will also be made available if you're unable to participate live.

If you have questions about anything covered in the recordings, please post them on the Ask the Instructor discussion forum. Discussions can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar on the LEARN course site.

For information about using Zoom, please see [IST Knowledge Base: Zoom](#).

COURSE SCHEDULE**IMPORTANT: ALL TIMES ARE EASTERN**

Please Note: [Optional live sessions: Weekly check-in and book club](#) will occur every week starting on the second week of term.

Module	Required Readings & Viewings	Activities and Assessments	Start Date	Due Date	Weight (%)
Module 1: Introduction		Module 1 discussion: Introduce yourself		Initial posts due Thursday, September 8, 2022 at 11:59 PM Response posts due Sunday, September 11, 2022 at 11:59 PM	Ungraded
Module 2: Risorgimento	READ: <i>The Statuto Albertino</i> READ: <i>Confessions of an Italian</i> , Chapter 23 (Course Reserves) READ: Start <i>the Leopard</i> For information on how to access required reading and viewing material, please consult the start page of each module on LEARN and the Materials and Resources section.	Module 2 discussion: The Italian unification process		Initial posts due Thursday, September 15, 2022 at 11:59 PM Response posts due Sunday, September 18, 2022 at 11:59 PM	Contributes to 15%
		Module 2 quiz	Monday, September 19, 2022 at 12:01 AM	Monday, September 19, 2022 at 11:59 PM	1%
Module 3:	READ: <i>Modern Italy: A</i>	Module 3		Initial posts	Contributes

Post- Unification Italy	<i>Political History</i> , Chapter 9 (Course Reserves) READ: Finish <i>the Leopard</i> WATCH: <i>Pinocchio</i> (2019)	discussion: Post- Unification Italy		due Thursday, September 22, 2022 at 11:59 PM Response posts due Sunday, September 25, 2022 at 11:59 PM	to 15%
		Module 3 quiz	Monday, September 26, 2022 at 12:01 AM	Monday, September 26, 2022 at 11:59 PM	1%
Module 4: Belle époque, historical avant-garde, and WWI	READ: <i>The Founding and Manifesto of Futurism</i> (Course Reserves) WATCH: <i>Uomini Contro</i>	Module 4 discussion: The belle époque and WWI		Initial posts due Thursday, September 29, 2022 at 11:59 PM Response posts due Sunday, October 2, 2022 at 11:59 PM	Contributes to 15%
		Module 4 quiz	Monday, October 3, 2022 at 12:01 AM	Monday, October 3, 2022 at 11:59 PM	1%
Module 5: Fascism	READ: <i>The Struggle for Modernity</i> , Chapter 3 (Course Reserves) WATCH: <i>The Gates of Italy</i>	Module 5 discussion: Fascism		Initial posts due Thursday, October 6, 2022 at 11:59 PM Response	Contributes to 15%

	WATCH: <i>Love and Anarchy</i>			posts due Monday, October 17, 2022 at 11:59 PM	
		Module 5 quiz	Monday, October 17, 2022 at 12:01 AM	Monday, October 17, 2022 at 11:59 PM	1%
Reading Week (Saturday, October 8, 2022 to Sunday, October 16, 2022)					
Module 6: World War II	READ: Ginsborg, Chapter 1 WATCH: <i>Salvatore Giuliano</i>	Module 6 discussion: World War II		Initial posts due Thursday, October 20, 2022 at 11:59 PM Response posts due Sunday, October 23, 2022 at 11:59 PM	Contributes to 15%
		Module 6 quiz	Monday, October 24, 2022 at 12:01 AM	Monday, October 24, 2022 at 11:59 PM	1%
Module 7: Birth of the Italian Republic	READ: Ginsborg, Chapters 2, 3 READ: The First 12 Articles of the Italian Constitution	Online midterm test	Thursday, October 27, 2022 at 12:01 AM	Thursday, October 27, 2022 at 11:59 PM	20%
		Module 7 discussion: Birth of the Italian		Initial posts due Thursday, October 27, 2022 at 11:59 PM	Contributes to 15%

		Republic		Response posts due Sunday, October 30, 2022 at 11:59 PM	
		Module 7 quiz	Monday, October 31, 2022 at 12:01 AM	Monday, October 31, 2022 at 11:59 PM	1%
Module 8: Post-WWII and the Economic Miracle	READ: Ginsborg, Chapter 7 READ: "Moon and GNAC" (Course Reserves) WATCH: <i>Il Sorpasso</i>	Proposal for final paper		Sunday, November 6, 2022 at 11:59 PM	10%
		Module 8 discussion: The Economic Miracle		Initial posts due Thursday, November 3, 2022 at 11:59 PM Response posts due Sunday, November 6, 2022 at 11:59 PM	Contributes to 15%
		Module 8 quiz	Monday, November 7, 2022 at 12:01 AM	Monday, November 7, 2022 at 11:59 PM	1%
Module 9: The Swinging Sixties in Italy	READ: Ginsborg, Chapter 9 WATCH: <i>Fists in the Pocket</i>	Module 9 discussion: The 1968 protests		Initial posts due Thursday, November 10, 2022 at 11:59 PM	Contributes to 15%

				Response posts due Sunday, November 13, 2022 at 11:59 PM	
		Module 9 quiz	Monday, November 14, 2022 at 12:01 AM	Monday, November 14, 2022 at 11:59 PM	1%
Module 10: The Years of Lead (1970s)	READ: Ginsborg, Chapter 10 WATCH: <i>Lulu the Tool</i>	Module 10 discussion: The Years of Lead		Initial posts due Thursday, November 17, 2022 at 11:59 PM Response posts due Sunday, November 20, 2022 at 11:59 PM	Contributes to 15%
		Module 10 quiz	Monday, November 21, 2022 at 12:01 AM	Monday, November 21, 2022 at 11:59 PM	1%
Module 11: The Materialist 1980s	READ: Ginsborg, Chapter 11 WATCH: <i>Call Me by Your Name</i>	Module 11 discussion: The materialist eighties		Initial posts due Thursday, November 24, 2022 at 11:59 PM Response posts due Sunday, November 27, 2022 at 11:59 PM	Contributes to 15%

		Module 11 quiz	Monday, November 28, 2022 at 12:01 AM	Monday, September 28, 2022 at 11:59 PM	1%
Module 12: The 1990s	WATCH: <i>Il Divo</i> WATCH: <i>Corpo Celeste</i>	Module 12 discussion: Tangentopoli and Berlusconi		Initial posts due Thursday, December 1, 2022 at 11:59 PM Response posts due Sunday, December 4, 2022 at 11:59 PM	Contributes to 15%
		Final paper		Friday, December 2, 2022 at 11:59 PM	20%
		Online final test	Tuesday, December 6, 2022 at 12:01 AM	Tuesday, December 6, 2022 at 11:59 PM	25%

There is no final examination for this course

POLICY ON LATE WORK AND MISSED ASSIGNMENTS

Weekly discussion activities

Deadlines for posting and replying to discussions have been provided to facilitate meaningful discourse; i.e., to enable you to exchange ideas with your peers, construct and confirm understanding, and collaborate with each other. As such, **these deadlines are considered "firm"** – i.e., **it is crucial that you meet the deadlines as outlined in the Course Schedule**, both for your initial post and for replies to your peers' posts. These deadlines help to facilitate meaningful interaction, and avoid the scenario where everyone posts just before the deadline and true discourse becomes impossible. Given that the goal of the discussion activities is to exchange ideas with your peers, **you will not be able to post a contribution after the deadline**, as your peers will have already moved on to the next module's discussion. This means that you **will receive a zero for that discussion activity**. In the case of an approved extension

(e.g., medical, family emergency, etc.), your instructor may exempt you from the discussion.

Quizzes, online tests, and assignments

All quizzes, tests, and assignments are expected to be submitted on time, and **deadlines for these are considered "firm" as indicated on the Course Schedule**. If you encounter circumstances that you feel may cause you to be late in submitting any particular assignment, you should contact your instructor immediately, explain the circumstances, and an extension may be negotiated. To do so, you must be in contact with your instructor **at least 48 hours prior to the deadline**. The following conditions and penalties pertain to extensions:

- **Late quizzes** will be accepted up to **3 days** beyond the deadline at a penalty of 2% per day;
- **Late assignments** will be accepted up to **7 days** beyond the deadline at a penalty of 2% per day;
- **Online tests will be not be accepted** after the deadline.

After these extended timelines, late submissions will not be accepted for any reason other than those outlined in the University of Waterloo calendar (e.g., medical or family emergencies, or some other such event) and will receive a grade of 0. If an extension is granted, you are expected to submit your assignment at the agreed-upon time and date, with the appropriate documentation. Please review the Waterloo policy regarding accommodation for illness for unforeseen circumstances.

ATTENDANCE POLICY

This course includes **weekly live sessions ("Weekly check-in and book club")**, where you discuss the week's readings and viewings with your peers and your instructor in an informal "book club" setting. These sessions are **completely optional**, and if you are unable to attend, MP4 recordings will be made available via **Announcements**, which you can review at your convenience. Consult the [Optional live sessions: Weekly check-in and book club](#) section for more information.

CORRESPONDENCE

Announcements

You are expected to check **Announcements** on the **Course Home** page on a regular basis. Please remember to check the beginning-of-the-week announcement every Monday.

To ensure you are viewing the complete list of announcements, you may need to click **Show All Announcements**.

Discussions

Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar on the LEARN course site. A General discussion topic has been made available to allow you to communicate with your peers in this course. Your instructor may drop in at this discussion topic.

Who and why	Contact details
Instructor and TA <ul style="list-style-type: none"> • Course-related questions (e.g., course content, deadlines, assignments, etc.) • Questions of a personal nature 	<p>Post your course-related questions to the Ask the instructor discussion topic. This allows other students to benefit from your question as well.</p> <p>Questions of a personal nature can be directed to your instructor or your TA.</p>

	<p>Instructor: Dr. Andrea Privitera andrea.privitera@uwaterloo.ca</p> <p>Your instructor checks email frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.</p>
<p>Technical Support, Centre for Extended Learning</p> <ul style="list-style-type: none"> • Technical problems with Waterloo LEARN 	<p>learnhelp@uwaterloo.ca</p> <p>Include your full name, WatIAM user ID, student number, and course name and number.</p> <p>Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).</p> <p>IST Knowledge Base: For Students</p>
<p>Learner Support Services, Centre for Extended Learning</p> <ul style="list-style-type: none"> • General inquiries • Examination information 	<p>Student Resources</p> <p>extendedlearning@uwaterloo.ca</p> <p>Include your full name, WatIAM user ID, student number, and course name and number.</p>

OTHER IMPORTANT INFORMATION

Intellectual Property: Students should be aware that this course contains the intellectual property of their instructor, and/or St. Jerome’s University. Intellectual property includes items such as:

1. Lecture content, spoken and written (and any audio/video recording thereof);
2. Lecture handouts, presentations, and other materials prepared for the course (e.g., PowerPoint slides);
3. Questions or solution sets from various types of assessments (e.g., assignments, quizzes, mock tests, final exams); and
4. Work protected by copyright (e.g., any work authored by the instructor or TA or used by the instructor or TA with permission of the copyright owner).

Course materials and the intellectual property contained therein, are used to enhance a student’s educational experience. However, sharing this intellectual property without the intellectual property owner’s permission is a violation of intellectual property rights. For this reason, it is necessary to ask the instructor, and/or St. Jerome’s University for permission before uploading and sharing the intellectual property of others online (e.g., to an online repository).

Permission from an instructor, TA, or the University is also necessary before sharing the intellectual property of others from completed courses with students taking the same/similar courses in subsequent terms/years. In many cases, instructors might be happy to allow distribution of certain materials.

However, doing so without expressed permission is considered a violation of intellectual property rights.

Please alert the instructor if you become aware of intellectual property belonging to others (past or present) circulating, either through the student body or online. The intellectual property rights owner deserves to know (and may have already given their consent).

Academic Integrity: In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. Check www.uwaterloo.ca/academicintegrity/ for more information.

Turnitin.com: Text matching software ([Turnitin®](https://www.turnitin.com/)) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin® in this course. It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit the alternate assignment.

Grievance: A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read the St. Jerome's University Policy on [Student Petitions and Grievances](#). When in doubt, please be certain to contact the St. Jerome's Advising Specialist, Student Affairs Office, who will provide further assistance.

Discipline: A student is expected to know what constitutes academic integrity, to avoid committing an academic offence, and to take responsibility for their actions. Check www.uwaterloo.ca/academicintegrity/ for more information. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration should seek guidance from the course instructor, academic advisor, or the Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under the St. Jerome's University Policy on [Student Discipline](#). For information on categories of offences and types of penalties, students should refer to University of Waterloo [Policy 71, Student Discipline](#). For typical penalties, check the [Guidelines for the Assessment of Penalties](#).

Appeals: A decision made or penalty imposed under the St. Jerome's University Policy on Student Petitions and Grievances (other than a petition) or the St. Jerome's University Policy on Student Discipline may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to the St. Jerome's University Policy on [Student Appeals](#).

Note for students with disabilities: [AccessAbility Services](#), located in Needles Hall (Room 1401) at the University of Waterloo, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

MENTAL HEALTH SERVICES

All of us need a support system. The SJU faculty and staff encourage students to seek out mental health

support if they are needed.

On Campus:

- Counselling Services: counselling.services@uwaterloo.ca / 519-888-4567 x32655
- [MATES](#): one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
- Health Services Emergency service: located across the creek from Student Life Centre

Off campus, 24/7:

- [Good2Talk](#): Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Grand River Hospital: Emergency care for mental health crisis. Phone: 519-749-4300 x6880
- [Here 24/7](#): Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- [OK2BME](#): set of support services for lesbian, gay, bisexual, transgender or questioning teens in Waterloo. Phone: 519-884-0000 x213

Full details can be found online on the Faculty of Arts [website](#).

Download [UW and regional mental health resources \(PDF\)](#)

Download the [WatSafe app](#) to your phone to quickly access mental health support information