



Module	Readings and Other Assigned Material	Activities and Assignments	End/Due Date
<a href="#">Module 05: Consciousness</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">States of Consciousness</a></li> </ul>	Feedback Available: Week 3 and Week 4 Quiz	Check after Mon, Oct 4 at 12:01 AM
		<a href="#">Week 5 Quiz</a> (open-book quiz)	Fri, Oct 22 at 11:55 PM
<a href="#">Module 06: Problem Solving</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">Language and Language Use</a></li> <li>• <a href="#">Intelligence</a></li> </ul>	<a href="#">Week 6 Quiz</a> (open-book quiz)	Fri, Oct 22 at 11:55 PM
<a href="#">Module 07: Emotion</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">Drive States</a></li> <li>• <a href="#">Industrial/Organizational (I/O) Psychology</a></li> </ul>	Feedback Available: Week 5 and Week 6 Quiz	Check after Mon, Oct 25 at 12:01 AM
		<a href="#">Week 7 Quiz</a> (open-book quiz)	Fri, Nov 5 at 11:55 PM
<a href="#">Module 08: Development</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">Cognitive Development in Childhood</a></li> <li>• <a href="#">Adolescent Development</a></li> </ul>	Begin working on the Concept Map portion of the <a href="#">Concept Map and Reflection</a> assignment.	
		<a href="#">Week 8 Quiz</a> (open-book quiz)	Fri, Nov5 at 11:55 PM

Weeks 9 to 12

<a href="#">Module 09: Freudian and Humanist Theory</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">Personality Assessment</a></li> <li>• <a href="#">Personality Traits</a></li> </ul>	Begin working on the Reflection portion of the <a href="#">Concept Map and Reflection</a> assignment.	
		Feedback Available: Week 7 and Week 8 Quiz	Check after Mon, Nov 8 at 12:01 AM
		<a href="#">Week 9 Quiz</a> (open-book quiz)	Fri, Nov 19 at 11:55 PM
<a href="#">Module 10: Behaviour in Groups</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">Social Cognition and Attitudes</a></li> <li>• <a href="#">Persuasion: So Easily Fooled</a></li> <li>• <a href="#">Prejudice, Discrimination, and Stereotyping</a></li> </ul>	<a href="#">Concept Map and Reflection</a>	Tues, Nov 16 at 11:55 PM
		<a href="#">Week 10 Quiz</a> (open-book quiz)	Fri, Nov 19 at 11:55 PM
<a href="#">Module 11: Depression and Anxiety</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">History of Mental Illness</a></li> <li>• <a href="#">Autism: Insights from the Study of the Social Brain</a></li> <li>• <a href="#">Psychopathy</a></li> </ul>	Feedback Available: Week 9 and Week 10 Quiz	Check after Mon, Nov 22 at 12:01 AM
		<a href="#">Week 11 Quiz</a> (open-book quiz)	Fri, Dec 3 at 11:55 PM
<a href="#">Module 12: Psychological Therapy</a>	Introduction to Psychology: <ul style="list-style-type: none"> <li>• <a href="#">The Healthy Life</a></li> </ul>	<a href="#">Week 12 Quiz</a> (open-book quiz)	Fri, Dec 3 at 11:55 PM
		Feedback Available: Week 11 and Week 12 Quiz	Check after Mon, Dec 6 at 12:01 AM





# CONTACT US

Who and Why	Contact Details
<p><b>Instructor and TA</b></p> <ul style="list-style-type: none"><li>• Course-related questions (e.g., course content, deadlines, assignments, etc.)</li><li>• Questions of a personal nature</li></ul>	<p><b>Post your course-related questions</b> to the <a href="#">Ask the Instructor</a> discussion topic*. This allows other students to benefit from your question as well.</p> <p><b>Questions of a personal nature</b> can be directed to your instructor.</p> <p>Instructor: Rebecca Blackie, PhD <a href="mailto:rblackie@uwaterloo.ca">rblackie@uwaterloo.ca</a></p> <p>Your instructor checks email and the <a href="#">Ask the Instructor</a> discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.</p>
<p><b>Technical Support</b></p> <ul style="list-style-type: none"><li>• Technical problems with Waterloo LEARN</li></ul>	<p><a href="mailto:learnhelp@uwaterloo.ca">learnhelp@uwaterloo.ca</a></p> <p>Include your full name, WatIAM user ID, student number, and course name and number.</p> <p>Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).</p> <p><a href="#">LEARN Help Student Documentation</a></p>

\*Discussion topics can be accessed by clicking **Connect** and then **Discussions** on the course navigation bar above.



## COURSE DESCRIPTION

Psychology allows us to better understand the human condition by studying behaviour using the scientific method. Psychology 101 will introduce students to the fundamental theories, concepts, methods, and issues encountered in the field of psychology. In addition to learning the core concepts of the field, this course is also meant to instruct the student in the scientific method (as it is used in the social sciences), to give students insight into themselves and their relationships with others, and to develop skills that will help students be successful in university and beyond.

## LEARNING OUTCOMES

By the end of the course, you should be able to do the following:

- A. Explain and apply the core concepts of psychology. This will provide a foundation of knowledge upon which you can build in upper year psychology courses.
- B. Gain an appreciation for the role of science in learning about human behaviour:
  1. Appraise research conducted in psychology.
  2. Participate in psychological research.
- C. Gain greater insight into yourself, others, and the human condition:
  1. Apply core concepts to yourself and others.
  2. Recognize and value human diversity.
- D. Develop professional skills that will enhance your success in university and beyond:
  1. Recording and organizing information.
  2. Implementing strategies for memorization.
  3. Asking meaningful questions.
  4. Expressing your thoughts with precision and clarity.

*This online course was developed by Paul Wehr, with instructional design and multimedia development support provided by the Centre for Extended Learning. Further media production was provided by Instructional Technologies and Multimedia Services.*

## About the Course Author



# COURSE AUTHOR — PAUL WEHR



© University of Waterloo

## Teaching Interests

My passion is for undergraduate instruction and support. Trained as a scientist in evolutionary psychology, I have the background and experience to teach a large number of core undergraduate courses including Introductory Psychology, Research Methods, Statistics, Social Psychology, Cultural psychology, and a number of evolutionary themed upper level psychology courses. Presently, my focus is on course development, and the use of student response systems (SRS) in the classroom. Some pedagogical techniques I utilize in addition to SRS include scaffolding assignments, team-teaching, and problem-focused instruction.

In terms of student support, I focus on skills training and undergraduate advising. In addition to an official advising role within the Psychology Department, I consult on a variety of topics — such as note taking, exam prep, library research, and scientific writing — that help students to adapt and succeed in university and beyond. I encourage student-instructor interaction by making myself more accessible to students during extended weekly office hours.





## TEXTBOOK

### Required

- Wehr, P. (2018). [Introduction to psychology](http://nobaproject.com/textbooks/paul-wehr-new-textbook). Retrieved from <http://nobaproject.com/textbooks/paul-wehr-new-textbook>

## RESOURCES

- [Library services for Co-op students on work term and Extended Learning students](#)
- [Get mental health support when you need it](#)

## WRITING CENTRE

The Writing Centre, located on the second floor of South Campus Hall, works across all faculties to help students clarify their ideas, develop their voices, and communicate in the style appropriate to their disciplines. Writing Centre staff offer one-on-one support in planning assignments, using and documenting research, organizing papers and reports, designing presentations and e-portfolios, and revising for clarity and coherence.

You can make multiple appointments throughout the term, or drop in at either the Dana Porter or Davis Centre libraries for quick questions or feedback. Group appointments for team-based projects, presentations, and papers are also available. To book a 50-minute appointment and to see drop-in hours, visit:

[Writing and Communication Centre](#)



# COURSE POLICIES

## Missed Quizzes

Missed quizzes will receive a score of zero. If you miss an assessment deadline for a legitimate reason (e.g., illness or kidnapping), contact the instructor as soon as possible! Weekly Quizzes may be reactivated after the appropriate documentation has been submitted to the instructor (e.g., verification of illness form or ransom note).

## Late Assignments

Late assignments will be accepted up to 10 days after due date with a 10% penalty accumulating each day. Extensions for extenuating circumstances may be granted at the discretion of the instructor.



# TERRITORIAL ACKNOWLEDGEMENT

We acknowledge that we live and work on the traditional territory of the Attawandaron (Neutral), Anishinaabeg, and Haudenosaunee peoples. The University of Waterloo is situated on the Haldimand Tract, the land promised to the Six Nations that includes ten kilometres on each side of the Grand River.



- Beachfront Productions. (2014). Projector Close Up. Retrieved from <https://www.videvo.net/video/projector-close-up/3130> and licensed under [CC BY 3.0](#).
- recroom. TV Statuc HD Stock Video. Retrieved from <https://www.videezy.com/> and licensed under [CC BY 3.0](#).

## Module 3

- Max Planck Gesellschaft. (1978). Nikolaas Tinbergen. Retrieved from Wikimedia Commons and licensed under [CC BY SA 3.0](#). Cropped from original.

## Module 4

- Arnold Marko. (2008). Kymatik Experiment No.4 (Cymatics). Retrieved from <https://vimeo.com/1458734> and licensed under [CC BY 3.0](#).
- xyzr\_kx. (2005). vibratone\_e.wav. Retrieved from [https://www.freesound.org/people/xyzr\\_kx/sounds/11739/](https://www.freesound.org/people/xyzr_kx/sounds/11739/) and licensed under [CC0 1.0](#).
- pinkyfinger. (2009). Piano E. wav. Retrieved from <https://www.freesound.org/people/pinkyfinger/sounds/68443/> and licensed under [CC0 1.0](#).
- NoiseCollector. (2008). pizzastring1.wav. Retrieved from <https://www.freesound.org/people/NoiseCollector/sounds/61925/> and licensed under [CC BY 3.0](#).
- OpenStax, Anatomy & Physiology. OpenStax CNX. May 18, 2016 <http://cnx.org/contents/14fb4ad7-39a1-4eee-ab6e-3ef2482e3e22@8.25> and licensed under [CC BY 4.0](#). Combined two images into a video.
- Bright Wish by Kevin MacLeod is licensed under and licensed under [CC BY 4.0](#).

## Module 7

- Momopuppycat. (2016, Dec 20). Paul Ekman bio 2016. Retrieved from [https://commons.wikimedia.org/wiki/File:Paulekman\\_bio.jpg](https://commons.wikimedia.org/wiki/File:Paulekman_bio.jpg) and licensed under [CC BY 4.0](#).
- Portrait of Walter Bradford Cannon, seated, wearing lab coat. (n.d.). Retrieved from <https://wellcomecollection.org/works/v7h7kwdk> and licensed under [CC BY 4.0](#). Cropped from original.

## Module 8

- OpenStax, Anatomy & Physiology. (2017, April 10). OpenStax CNX. Retrieved from <http://cnx.org/contents/14fb4ad7-39a1-4eee-ab6e-3ef2482e3e22@8.81> and licensed under [CC BY 4.0](#). Cropped from original and labels removed.
- BruceBlais. (2013). Blausen 0294 Delivery Crowning. Retrieved from [https://commons.wikimedia.org/wiki/File:Blausen\\_0294\\_Delivery\\_Crowning.png](https://commons.wikimedia.org/wiki/File:Blausen_0294_Delivery_Crowning.png) and licensed under [CC BY 3.0](#).

## COPYRIGHT

© Course Author(s) and University of Waterloo.

For further information, please contact the Centre for Extended Learning, University of Waterloo, 200 University Ave. W., Waterloo, ON, Canada, N2L 3G1, [extendedlearning@uwaterloo.ca](mailto:extendedlearning@uwaterloo.ca).