



ST. JEROME'S UNIVERSITY

St. Jerome's University in the University of Waterloo

Department of Psychology

PSYCH 101: Introductory Psychology

Lectures: Wednesday, 6:30pm – 9:20pm EST, SJ2 1004

INSTRUCTOR INFORMATION

Instructor: Dr. Rebecca Blackie
Office Location: TBD (currently remote)
Office Hours: by appointment
Email: rblackie@uwaterloo.ca

COURSE WEBSITE

Power-point slides and test grades will be made available on LEARN. Lectures will be available on LEARN during remote learning. Please see the Zoom tab to access the weekly lectures during remote learning. Lectures will be synchronous (live). However, a recording of the lecture will be made available during remote learning. When we return to campus, the lectures will no longer be offered online.

CALENDAR COURSE DESCRIPTION

A general survey course designed to provide the student with an understanding of the basic concepts and techniques of modern psychology as a behavioural science.

COURSE GOALS AND LEARNING OUTCOMES

1. To introduce students to psychology and its sub-specialities.
2. To make students aware of the scientific nature of the study of behaviour.
3. To acquaint students with the multiplicity and interplay of factors involved in the explanation of any behaviour.
4. To prepare students for more in-depth study of psychology's sub-specialities in subsequent courses.
5. To enhance students' ability to critically evaluate psychological research findings reported in popular media and in academic sources.
6. To familiarize students with the process of psychological research, through direct experience as a research participant.



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REQUIRED TEXT BOOK

There are 2 purchase options available for one required textbook: one digital option or one physical option. Please choose only 1 of the 2 options below for the required textbook:

OPTION 1: (DIGITAL)

Title : Etext for Psychological Themes and Variations 6th ed
Author: AC McCann et al
ISBN : 9781774747254
Price : \$71.95

To order the access code and receive it instantly, please follow the first link below. You will need a major credit card to complete the purchase.

Link: [https://www.campusebookstore.com/integration/AccessCodes/default.aspx?bookseller_id=22&Course=PSYCH+101+001+\(WINTER+2022+-+WAT\)&frame=YES&t=permalink](https://www.campusebookstore.com/integration/AccessCodes/default.aspx?bookseller_id=22&Course=PSYCH+101+001+(WINTER+2022+-+WAT)&frame=YES&t=permalink)

OPTION 2: (HARDCOVER)

Title : Psychological Themes and Variations 6th ed
Author: McCann et al
ISBN : 978176902940
Price : \$109.95

The printed book can be ordered online from wstore.ca, as well as the access code. You can log in to UWaterloo BookLook, using your UWaterloo email and password, to view your personalized booklist and add items directly to your shopping cart. **Please note that access codes ordering through the MyBookLook are filled manually, and can take up to 3 business days to process.**

A common list of online questions, such as shipping rates and returns, can be found on our website at: <https://wstore.uwaterloo.ca/help>

If you need assistance with your online order, please email wstore@uwaterloo.ca. A member of our team will reach out as soon as possible.



COURSE SCHEDULE

| Week | Date | Topic | Textbook Chapters |
|-------------|-------------|---|--------------------------|
| 1 | Jan 5 | Course Introduction | |
| 2 | Jan 12 | History of Psychology, and Research Methods | 1 and 2 |
| | Jan 19 | Biology, and Consciousness | 3 and 4 |
| 3 | Jan 26 | Sensation and Perception, and Learning | 5 and 6 |
| 4 | Feb 2 | TEST 1 | |
| 5 | Feb 9 | Memory, and Language and Thought | 7 and 8 |
| 6 | Feb 16 | Intelligence and Testing, and Motivation and Emotion | 9 and 10 |
| 7 | Feb 23 | READING WEEK (no class) | |
| 8 | Mar 2 | TEST 2 | |
| 9 | Mar 9 | Development, and Personality | 11 and 12 |
| 10 | Mar 16 | Social Psychology, and Stress, Coping, and Health | 13 and 14 |
| 11 | Mar 23 | Psychological Disorders, and Treatment of Psychological Disorders | 15 and 16 |
| 12 | Mar 30 | TEST 3 | |

COURSE REQUIREMENTS AND ASSESSMENTS

| ASSESSMENT | DATE | WEIGHTING |
|-----------------------------|------------------|------------------|
| Test 1 (online; open-book) | February 2, 2022 | 28% |
| Test 2 (online; open-book) | March 2, 2022 | 19% |
| Test 3 (online; open-book) | March 30, 2022 | 28% |
| Concept Map Assignment | March 21, 2022 | 21% |
| Experiential Learning | By April 5, 2022 | 4% |
| Experiential Learning Bonus | By April 5, 2022 | 2% bonus |
| Total | | 100% |

Online, Open-Book Tests

There will be 3 tests in this course. The tests will be written online and will be open-book tests. All tests are to be written during regular class time. Even when/if we return to campus, the tests will still be written online (and will remain open-book). Test 1 will cover chapters 1-6 (in addition to lecture information), and will be worth 28% of your



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final grade. Test 2 will cover chapters 7-10 (in addition to lecture information), and will be worth 19% of your final grade. Test 3 will cover chapters 11-16 (in addition to lecture information), and will be worth 28% of your final grade. Please note that because tests 1 and 3 cover more content than test 2, they are weighted more heavily towards your final grade.

Concept Map and Reflection Assignment

You will choose one chapter in the course and create a concept map. The concept map should contain roughly 20-30 concepts. You will also write a 200-word summary that describes the general logic, flow, structure, and style of your map. This summary should describe your map at a broad/global level, rather than repeating the concepts. In addition to this, you will also write a 400-word reflection. In the reflection, you will apply what you learned in the chapter to your own experiences. You will reflect on approximately one or two experiences and identify how some of the concepts in your map apply to your experiences. The full assignment description, instructions, and grading scheme can be found on LEARN (under the content tab).

Experiential Learning

Experiential learning is considered an integral part of the undergraduate program in Psychology. Research participation is one example of this, article review is another. A number of undergraduate courses have been expanded to include opportunities for Psychology students to earn grades while gaining research experience.

Because experiential learning is highly valued in the Department of Psychology, students may earn **up to 4%** of their final mark in this course through research experience (i.e., course work will make up 96% of the final mark and research experience will make up the other 4% for a maximum grade of 100%). In addition, for those students who wish to sample a wider range of these experiences, a further "**bonus**" of **up to 2%** may be earned and will be added to the final grade if/as needed to bring your final grade up to 100%. **In total, students may add up to 6% to their final grade.**

The two options for earning research experience grades (participation in research and article review) are described below. Students may complete any combination of these options to earn research experience grades.



Option 1: Participation in Psychology Research

Research participation is coordinated by the Research Experiences Group (REG). Psychology students may volunteer as research participants in lab and/or online (web-based) studies conducted by students and faculty in the Department of Psychology. Participation enables students to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience. Please be assured that all Psychology studies have been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee.

How to earn extra marks for your Psychology course(s) this term by participating in studies ...

- You will earn "credits" which will be converted to "marks" (1 credit = 1%)
- You can schedule your LAB and/or ONLINE studies using the "Sona" website.
- **UP TO 50%** of your credits can be earned through ONLINE studies. The remaining need to be earned through in-lab participation.

Educational focus of participation in research

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

- Purpose or objectives of the study
- Dependent and independent variables
- Expected results
- References for at least two related research articles
- Provisions to ensure confidentiality of data
- Contact information of the researcher should the student have further questions about the study
- Contact information for the Director of the Office of Research Ethics should the student wish to learn more about the general ethical issues surrounding research with human participants, or specific questions or concerns about the study in which s/he participated.

Participation in LAB studies is worth 0.5 participation credits (grade percentage points) for each 30-minutes of participation. Participation in ONLINE studies is worth .25 credits for each 15-minutes of participation. Researchers will record



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student's participation and at the end of the term the REG Coordinator will provide the course instructor with a credit report of the total credits earned by each student.

How to participate?

Study scheduling, participation and grade assignment is managed using the SONA online system. All students enrolled in this course have been set up with a SONA account. You must get started early in the term.

For instructions on how to log in to your SONA account and for a list of important dates and deadlines please, as soon as possible go to:

[Participating/SONA information: How to log in to Sona and sign up for studies](#)

**** Please do not ask the Course Instructor or REG Coordinator for information unless you have first thoroughly read the information provided on this website.****

More information about the REG program in general is available at:

[Sona Information on the REG Participants website](#) or you can check the [Sona FAQ on the REG website homepage](#) for additional information.

Option 2: Article Review as an alternative to participation in research

Students are not required to participate in research, and not all students wish to do so. As an alternative, students may opt to gain research experience by writing short reviews (1½ to 2 pages) of research articles relevant to the course. The course instructor will specify a suitable source of articles for this course (i.e., scientific journals, newspapers, magazines, other printed media). *You must contact your TA to get approval for the article you have chosen before writing the review.* Each review article counts as one percentage point. To receive credit, you must follow specific guidelines. The article review must:

- **Be submitted by the last day of classes (Tuesday, April 5, 2022). Late submissions will NOT be accepted under ANY circumstances.**
- Be typed
- Fully identify the title, author(s), source and date of the article. A copy of the article must be attached.



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- Identify the psychological concepts in the article and indicate the pages in the textbook that are applicable. Critically evaluate the application or treatment of those concepts in the article. If inappropriate or incorrect, identify the error and its implications for the validity of the article. You may find, for example, misleading headings, faulty research procedures, alternative explanations that are ignored, failures to distinguish factual findings from opinions, faulty statements of cause-effect relations, errors in reasoning, etc. Provide examples whenever possible.
- Clearly evaluate the application or treatment of those concepts in the article.
- Keep a copy of your review in the unlikely event we misplace the original.

IMPORTANT INFORMATION

Make-up Tests: In the event that you are unable to write a test (due to illness or religious accommodations), you must contact the instructor via email immediately (either before or on the day of the test). Failure to do so will result in a test score of zero. To have a test/midterm rescheduled, you must provide proper documentation (a UWaterloo Verification of Illness (VOI) must be submitted; please see the UWaterloo Policy on Illness and Missed Tests).

Electronic Device Policy: Please restrict laptop use to note-taking during lectures and keep your cell phones on silent mode. Texting, tweeting, snapchatting, shopping, etc. are distracting to others. Please be respectful to your classmates.

Attendance Policy: It is highly recommended that you attend class on a regular basis. Although your attendance will not be monitored or evaluated, regular attendance is encouraged.

Academic Integrity: To maintain a culture of academic integrity, members of the University of Waterloo and its Affiliated and Federated Institutions of Waterloo (AFIW) are expected to promote honesty, trust, fairness, respect, and responsibility. See the [UWaterloo Academic Integrity](#) webpage [for more information](#).

Discipline: A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course professor, academic advisor, or the Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under the [St. Jerome's University Policy on Student Discipline](#). For information on categories of offenses and types of penalties, students should refer to [University of Waterloo Policy 71 - Student Discipline](#). For typical penalties check [Guidelines for the Assessment of Penalties](#).



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Grievance: A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. [Read the St. Jerome's University Policy on Student Petitions and Grievances.](#)

Appeals: A decision made or penalty imposed under the St. Jerome's University Policy on Student Petitions and Grievances (other than a petition) or the St. Jerome's University Policy on Student Discipline may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to the [St. Jerome's University Policy on Student Appeals.](#)

Note for Students with Disabilities: The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension (1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS office at the beginning of each academic term.

MENTAL HEALTH SERVICES:

Mental Health Services aim is to provide holistic programming and services to help you lead a healthy and balanced life. We strive to provide a secure, supportive environment for students of all orientations and backgrounds.

Students suffering from problems with anxiety, depression, problems with sleep, attention, obsessions or compulsions, relationship difficulties, severe winter blues, etc., may make an appointment by phone or in person. Appointments are usually available within two days of initial contact with one of our medical doctors. All contacts are completely confidential.

Contact Health Services

Health Services Building

Call 519-888-4096 to schedule an appointment

Call 1-866-797-0000 for free 24/7 advice from a health professional

Contact Counselling Services

Needles Hall Addition, NH 2401

Call 519-888-4567 x 32655 to schedule an appointment

counserv@uwaterloo.ca

TERRITORIAL ACKNOWLEDGEMENT:

We acknowledge that we are living and working on the traditional territory of the Attawandaron (also known as Neutral), Anishinaabe and Haudenosaunee peoples. The University of Waterloo is situated on the Haldimand Tract, the land promised to the Six Nations that includes six miles on each side of the Grand River.