

St Jerome's University in the University of Waterloo

Department of Psychology PSYCH 101 – Spring 2018 Introductory Psychology M 6:30-9:20 PM / RCH 101

INSTRUCTOR AND TA INFORMATION

Instructor: Sarah Moroz

Office: St. Jerome's University, SH 2113

Office Hours: Mondays 5:00-6:00 PM

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TA: Erik Jansen Office: PAS 3050

Office hours: Wednesdays 10:00 AM – 12:00 PM

Email: <u>e2jansen@uwaterloo.ca</u>

* When emailing, please include the course code in the subject line. If you don't hear back from us within 48 hours, please resend your message – it may have gotten caught in a spam trap or we may have overlooked your email.

COURSE DESCRIPTION

"A general survey course designed to provide the student with an understanding of the basic concepts and techniques of modern psychology as a behavioural science." (UW Course Description).

This course will provide you with a brief introduction to the many areas of psychological science. You will learn about the major theoretical perspectives and frameworks that inform current psychological research, and explore the research advancements made in the study of human behaviour over the last two centuries.

The textbook material and lecture material in this course will overlap substantially. However, some concepts may be covered in only the textbook, or only the lecture; in order to understand this class to the fullest, you are highly encouraged to attend lectures *and* read the textbook.

This course contains an experiential learning component, wherein you will learn about psychological research by participating in psychology studies being conducted at the University of Waterloo, or by completing a written assignment. Further details are available below.

COURSE OBJECTIVES

- To understand the broad theoretical perspectives and frameworks through which psychology is researched.
- To examine psychology from an empirically-based, scholarly perspective, rather than from an intuitive or speculative perspective based solely on personal experience and observations.
- To understand the ways in which psychological processes occur in daily life, such as how people perceive their environment and how we learn.
- To evaluate situations and make predictions about behaviour based on your knowledge of psychology.

REQUIRED TEXTS

Krause, M., Corts, D., Smith, S., & Dolderman, D. (2018). *An Introduction to Psychological Science* (2nd Can Ed.). Pearson Education.

*** You may use other editions of this book, or other textbooks entirely, at your own risk. Some test questions will come directly from textbook material, and if you are using another edition, I can't guarantee that all of the required material will be in there. ***

COURSE WEBSITE

The website for this course contains instructions for research participation, as well as the weekly assignments. Forums are also available to discuss course content with your classmates; these forums will be monitored by the TA. You can log into the course site through UW-LEARN.

COURSE REQUIREMENTS AND ASSESSMENT

<u>Syllabus Quiz (1%):</u> This is a short open-book quiz which is available on the course website until 11:30 PM on May 14th. You will be asked to answer five multiple-choice questions about information contained in this syllabus. This task is designed to help you understand the syllabus and prevent panicked questions later in the term. This guiz will count for 1% of your mark.

<u>Experiential Learning (4% + 2% bonus marks)</u>: Students will participate in research opportunities offered through the Research Experience Group (REG) at the University of Waterloo (Option 1, see details below), or participate in alternate assignments (Option 2, see details below). Further information about these options will be listed below.

<u>Five-Minute Papers (5%):</u> Students will be required to complete "five minute papers" after each class (except the very first class, and the day of your midterm). After each class, one or more questions about that week's lecture will be uploaded to the course website. You will be asked to respond to these questions to the best of your ability. These papers are not graded, but rather, are intended to get you thinking about the course material and engaging with your learning. You should be writing 2-4 full sentences for each paper in order to explain your answer.

Papers must be submitted within one week after they are assigned; due dates will be noted on Learn. Each completed paper will earn you 0.5% (10 papers x 0.5% each = 5% total). Late papers will not be accepted.

This is also your opportunity to provide feedback on my teaching or the course material. I encourage you to let me know about concepts you are struggling with or ideas that you found confusing. I use this information to build short review sessions for the midterm and final exam, and to adapt my teaching style to best suit the class's needs.

<u>Midterm Exam (45%)</u>: There will be a midterm exam consisting of multiple-choice questions. It will take place on June 18th, 2018, during class time (6:30-9:20 PM in RCH 101). It will cover all of the material from the lecture and textbook readings up to June 18th. This midterm will be worth 45% of your grade.

<u>Final Exam (45%)</u>: The final exam will consist of multiple-choice questions and will take place during the exam period. This final exam is **non-cumulative**; that is, it will only cover material from June 25th and onward. The final is worth 45% of your grade.

Both the midterm and final exam will require not only that you learn and understand a good amount of information, but also that you be able to synthesize this information and apply it to novel contexts.

Material from both the textbook readings and the lectures are fair game. Lecture material includes videos, demonstrations, guest lectures and anything else presented or discussed during class. Study hard!

Syllabus Quiz 1%

Experiential Learning 4% + 2% bonus marks

Five-Minute Papers 5%
Midterm Exam 45%
Final Exam 45%
Total 100%

COURSE OUTLINE

Class	Date	Topic(s)	Reading(s)
1	May 7	Introduction to the Science of Psychology	1.1, 1.2 2.1, 2.2, 2.3
2	May 14	Neuropsychology	3.1, 3.2, 3.3
3	May 22	Sensation & Perception	4.1, 4.2, 4.3, 4.4
4	May 28	Consciousness & Intelligence	5.1, 5.2, 5.3 9.1, 9.2
5	June 4	Learning & Memory	6.1, 6.2 7.1, 7.2, 7.3
6	June 11	Knowledge, Reasoning, & Language Midterm Exam Review	8.1, 8.2, 8.3
7	June 18	Midterm 6:30-9:20 PM RCH 101	
8	June 25	Motivation & Emotion	11.1, 11.2, 11.3

9	July 9	Disorders & Therapy	15.1, 15.2, 15.3, 15.4 16.1, 16.2, 16.3
10	July 16	Personality	12.1, 12.2, 12.3
11	July 23	Social Psychology	13.1, 13.2, 13.3
12	July 25	Developmental Psychology Final Exam Review	10.1, 10.2, 6.3
		Final Exam	
	Date TBA	Time TBA	
		Location TBA	

IMPORTANT DATES TO REMEMBER

May 14: Syllabus Quiz due

May 22: Special Class Time – TUESDAY, May 22 (make-up for Victoria Day)

June 18: Midterm ExamJuly 25: Article Reviews due

• July 25: Special Class Time – WEDNESDAY, July 25 (make-up for Canada Day)

• TBD: Final Exam

POLICY ON LATE WORK AND MAKE-UP EXAM

No late five-minute papers will be accepted. The only exceptions to this policy are those recognized by the UW policy on illness and missed tests (see below).

Any make-up midterm exam must be scheduled with the course instructor—please contact her as soon as possible to set a time. As a rule, the make-up exam should be no more than one week after the regularly scheduled exam. See the instructor if more than one week is required.

A make-up final exam will be offered in the first two weeks of the Fall 2018 term. Contact instructor smoroz2@uwo.ca immediately to reschedule your final exam.

EXPERIENTIAL LEARNING GUIDELINES

After reviewing the information provided in this syllabus and on the REG website, please forward any inquiries regarding this component of the course directly to the REG Coordinator.

CONTACT PERSON: Reg Coordinator, Email: regadmin@uwaterloo.ca, Phone: 519-888-4567 x32690, or in person at the REG Office (PAS 3013) -- Please call or email in advance to set up an appointment to ensure the Reg Coordinator is able to meet with you.

Experiential learning is considered an integral part of the undergraduate program in Psychology. Research participation is one example of this, article review is another. A number of undergraduate courses have been expanded to include opportunities for Psychology students to earn grades while gaining research experience.

Since experiential learning is highly valued in the Department of Psychology, students may earn up to 4% of their final mark in this course through research experience (i.e., course work will make up 96% of the final mark and research experience will make up the other 4% for a maximum grade of 100%). In addition, for those students who wish to sample a wider range of these experiences, a further "bonus" of up to 2% may be earned and will be added to the final grade if/as needed to bring your final grade up to 100%. In total, students may add up to 6% to their final grade.

The two options for earning research experience grades (participation in research and article review) are described below. Students may complete any combination of these options to earn research experience grades.

Option 1: Participation in Psychology Research

Research participation is coordinated by the Research Experiences Group (REG). Psychology students may volunteer as research participants in lab and/or online (web-based) studies conducted by students and faculty in the Department of Psychology. Participation enables students to learn first-hand about psychology research and related concepts. Many students report that participation in research is both an educational and interesting experience. Please be assured that all Psychology studies have been reviewed and received ethics clearance through a University of Waterloo Research Ethics Committee.

How to earn extra marks for your Psychology course(s) this term by participating in studies ...

- You will earn "credits" which will be converted to "marks" (1 credit = 1%)
- You can schedule your LAB and/or ONLINE studies using the "Sona" website.

Educational focus of participation in research

To maximize the educational benefits of participating in research, students will receive feedback information following their participation in each study detailing the following elements:

- Purpose or objectives of the study
- Dependent and independent variables
- Expected results
- References for at least two related research articles
- Provisions to ensure confidentiality of data
- Contact information of the researcher should the student have further questions about the study
- Contact information for the Chief Ethics Officer of the Office of Research Ethics should
 the student wish to learn more about the general ethical issues surrounding research
 with human participants, or specific questions or concerns about the study in which
 s/he participated.

Participation in LAB studies is worth 0.5 participation credits (grade percentage points) for each

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30-minutes of participation. Participation in ONLINE studies is worth .25 credits for each 15-minutes of participation. Researchers will record student's participation and will advise the course instructor of the total credits earned by each student at the end of the term.

How to participate?

Study scheduling, participation and grade assignment is managed using the SONA online system. All students enrolled in this course have been set up with a SONA account. You must get started early in the term.

For instructions on how to log in to your SONA account and for a list of important dates and deadlines please, as soon as possible go to:

Participating/SONA information: How to log in to Sona and sign up for studies

*** Please do not ask the Course Instructor or REG Coordinator for information unless you have first thoroughly read the information provided on this website.***

More information about the REG program in general is available at: REG Participants' Homepage

Option 2: Article Review as an alternative to participation in research

Students are not required to participate in research, and not all students wish to do so. As an alternative, students may opt to gain research experience by writing short reviews (1½ to 2 pages) of research articles relevant to the course. Students will earn 1% for each review. These articles should come from academic journals (ask your TA or a librarian if you are unsure how to find these). You must contact your TA to get approval for the article you have chosen before writing the review. Each review article counts as one percentage point. To receive credit, you must follow specific guidelines. The article review must:

- Be submitted before the last lecture in this course. Late submissions will NOT be accepted under ANY circumstances.
- Be typed
- Fully identify the title, author(s), source and date of the article. A copy of the article must be attached.
- Identify the psychological concepts in the article and indicate the pages in the textbook that are applicable. Critically evaluate the application or treatment of those concepts in the article. If inappropriate or incorrect, identify the error and its implications for the validity of the article. You may find, for example, misleading headings, faulty research procedures, alternative explanations that are ignored, failures to distinguish factual findings from opinions, faulty statements of cause-effect relations, errors in reasoning, etc. Provide examples whenever possible.
- Clearly evaluate the application or treatment of those concepts in the article.

Keep a copy of your review in the unlikely event we misplace the original.

ELECTRONIC DEVICE POLICY

Students may use electronic devices in the classroom solely on course-related material. Improper use of electronic devices (e.g., texting, web browsing, listening to music during lectures) is a disruption to other students in the class. The penalty for improper use of electronic devices is a 5% reduction in the student's participation mark. A second offense will result in a 0% for the student's course participation mark.

UW POLICY REGARDING ILLNESS AND MISSED TESTS

The University of Waterloo Examination Regulations state that:

- A medical certificate presented in support of an official petition for relief from normal academic requirements must provide all of the information requested on the "<u>University of Waterloo Verification of Illness</u>" form or it will not be accepted. This form can be obtained from Health Services or on the link provided above. If a student has a test/examination deferred due to acceptable medical evidence, he/she normally will write the test/examination at a mutually convenient time, to be determined by the course instructor.
- The University acknowledges that, due to the pluralistic nature of the University community, some students may on religious grounds require alternative times to write tests and examinations.
- Elective arrangements (such as travel plans) are not considered acceptable grounds for granting an alternative examination time.

OTHER IMPORTANT INFORMATION

<u>Academic Integrity</u>: To maintain a culture of academic integrity, members of the University of Waterloo and its Affiliated and Federated Institutions of Waterloo (AFIW) are expected to promote honesty, trust, fairness, respect, and responsibility. See the <u>UWaterloo Academic Integrity</u> webpage for more information.

<u>Discipline</u>: A student is expected to know what constitutes academic integrity, to avoid committing academic offences, and to take responsibility for their actions. A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration should seek guidance from the course professor, academic advisor, or the Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under the <u>St. Jerome's University Policy on Student Discipline</u>. For information on categories of offenses and types of penalties, students should refer to <u>University of Waterloo Policy 71 - Student Discipline</u>. For typical penalties check <u>Guidelines for the Assessment of Penalties</u>.

<u>Grievance</u>: A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read the <u>St. Jerome's University</u>

Policy on Student Petitions and Grievances.

<u>Appeals</u>: A decision made or penalty imposed under the St. Jerome's University Policy on Student Petitions and Grievances (other than a petition) or the St. Jerome's University Policy on Student Discipline may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to the <u>St. Jerome's University Policy on Student Appeals</u>.

<u>Note for Students with Disabilities</u>: The <u>AccessAbility Services</u> office, located on the first floor of the Needles Hall extension (1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS Office at the beginning of each academic term.

Mental Health Services:

On Campus

- Counselling Services: counselling.services@uwaterloo.ca / 519-888-4567 x32655
- MATES: one-to-one peer support program offered by Federation of Students (FEDS) and Counselling Services
- Health Services Emergency service: located across the creek from the Student Life Centre

Off campus, 24/7

- Good2Talk: Free confidential help line for post-secondary students. Phone: 1-866-925-5454
- Grand River Hospital: Emergency care for mental health crisis. Extended Assessment Unit Phone: 519-749-4300 x6880
- Here 24/7: Mental Health and Crisis Service Team. Phone: 1-844-437-3247
- OK2BME: Support services for lesbian, gay,