

St. Jerome's University in the University of Waterloo
Department of Psychology
PSYCH 231
Psychology of Religious Experience
Fall 2021 – Tuesdays, 6:30p-9:20p – SJ2 1004

Instructor Information

Instructor: Christopher T. Burris, Ph.D.
 Online Office Hours: by appointment (in-person by special arrangement, subject to change)
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 Updates: check “announcements” on LEARN frequently for course-related info and news

Course Description

The official course description reads: “Approaches of traditional psychological theories toward phenomena of religious experience, mysticism, and prayer are examined. The psychological process of creating and naming ‘gods’ is considered as well as comparisons among altered states of consciousness including some forms of prayer.”

Course Goals and Learning Outcomes

Armed with the assumptions and tools of psychological research, I hope you’ll walk away from this course with a greater understanding and appreciation of the “human” side of religious/spiritual experience – specifically, its origin(s), development over time, and consequences. This course is intended to be *descriptive* and *interpretive*, not prescriptive. In other words, its focus is on making psychological sense of religious phenomena, and not on what people *should* or *shouldn’t* believe or practice.

Required Readings and Course Schedule

Paloutzian, R. F. (2017). *Invitation to the psychology of religion* (3rd ed.). New York: Guilford.

Note: An e-book text version is available for multi-user checkout through the UW library. A Kindle edition is available from booksellers such as Amazon if you prefer your own e-copy. *Please make sure that you have secured access to the text well in advance of the first test date.*

Class	Topics	Paloutzian	Tests (dates of topics/readings covered)
Sep 14	Introduction; Foundations I	Chapter 1	
Sep 21	Foundations II	Chapter 2	
Sep 28	Religious Development	Chapter 5	
Oct 05	Personality	Chapter 6	Test #1 (Sep 14-28)
Oct 12	<i>reading week – no class</i>		
Oct 19	Intense Religious Experience I	Chapter 8	
Oct 26	Intense Religious Experience II		
Nov 02	Mysticism		
Nov 09	Conversion	Chapter 7	
Nov 16	Religious Groups	Chapter 11	Test #2 (Oct 05-Nov 09)
Nov 23	Social Consequences		
Nov 30	Mental Health; Conclusion	Chs 9 & 12	
Dec 07			Test #3 (Nov 16-30)

Course Requirements and Assessment

Tests. TEST 1 = 35%; TEST 2 = 40%; TEST 3 = 25%. All tests are multiple choice. Current guidelines allow for testing to be in-person and to make use of hard copies and scantrons, *so please bring your own pencils/erasers on test days*. Be prepared to present identification (your WAT card) during tests. Tests are weighted based on how much material they cover; they are not cumulative. All material covered in class and in the assigned readings is testable. Class will resume after a break following Test 1 and Test 2. Test marks will be posted on LEARN as soon as possible. In order to be fair to everyone, *the mark received for a test stands* – it will not be dropped or re-weighted. There is no final exam.

Extra Credit: Up to 4% extra credit is available to all students via SONA research participation. I will post any information that the Research Experiences Group sends me to assist you. As an active researcher myself, I would ask that you **PLEASE TAKE ANY RESEARCH PARTICIPATION SERIOUSLY**. Careless completion of a study's materials wastes everyone's time and undercuts the research process.

UW Policy regarding Illness and Missed Tests: UW Examination Regulations (www.registrar.uwaterloo.ca/exams/ExamRegs.pdf) state that: 1) A medical certificate presented in support of an official petition for relief from normal academic requirements must provide all of the information requested on the "University of Waterloo Verification of Illness" form or it will not be accepted. This form can be obtained from Health Services or at www.healthservices.uwaterloo.ca/Health_Services/verification.html. 2) If a student has a test/examination deferred due to acceptable medical evidence, they normally will write the test/examination at a mutually convenient time, to be determined by the course instructor. 3) The University acknowledges that, due to the pluralistic nature of the University community, some students may on religious grounds require alternative times to write tests and examinations. 4) Elective arrangements (such as travel plans) are not considered acceptable grounds for granting an alternative examination time.

Thus, you are entitled to test rescheduling for legitimate medical, compassionate, or religious grounds. With this in mind, I would ask that you please do your best to: **(1) secure the appropriate documentation and (2) inform me PRIOR to the scheduled test to arrange an alternate writing time whenever possible.** A make-up test should normally be scheduled on the first school day after your documentation expires, and it may differ in content and format from the original.

Attendance Policy

Although UW is still creeping back toward "normal," PSYCH 231 has been scheduled as a regular, in-person class, so I expect you to attend all in-class lectures and tests unless you have a documentable reason for not doing so. This is definitely in your best interest, because the overlap between lecture and reading is usually moderate at most; moreover, my slides are minimalistic outlines containing keywords and occasional figures or tables that aren't designed to be standalone learning resources.

If you miss class, your first step is to find a classmate willing to provide you with the notes you missed. It's a good idea to connect with your fellow students early in the term, because asking for assistance with missing notes face-to-face is likely to be more compelling than an sending out an email via LEARN. If your absence is *legitimate*, I will be happy to answer questions about the missed material once you've secured any missed notes.

NOTE: In the event that a shift in public health guidelines prompts UW/SJU to suspend in-person class meetings, we would shift to either synchronous live online lectures or to asynchronous prerecorded online lectures (supplemented by live Q & A sessions during our scheduled class time). Tests would remain at their scheduled times but be administered online via the LEARN course page.

Electronic Device Policy

Recent research shows that in-class use of any electronic devices for non-class-related purposes can hurt both your performance and that of students around you. See:

<https://www.insidehighered.com/news/2018/07/27/class-cellphone-and-laptop-use-lowers-exam-scores-new-study-shows>

Consequently, such use is strongly discouraged.

Other Important Information

Intellectual Property: I very much want this class to be a good experience for you, and I am putting a lot of time, thought, and effort into that. You (or someone who cares about you a lot) paid so you could benefit from the firsthand experience that this class provides. To be clear, I'm sharing my work with YOU – so *it's not fair to me to sell or give away my lectures, slides, etc. to other people*. That's "unauthorized distribution of intellectual property," and *it's not okay*. I hope that makes sense.

Academic Integrity: Please respect yourself, your fellow students, and your instructor. **Don't cheat.**

"In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect, and responsibility. [Check www.uwaterloo.ca/academicintegrity/ for more information.]"

Grievance: A student who believes that a decision affecting some aspect of their university life has been unfair or unreasonable may have grounds for initiating a grievance. Read the St. Jerome's University Policy on Student Petitions and Grievances, www.sju.ca/sites/default/files/upload_file/PLCY_AOM_Student-Petitions-and-Grievances_20151211-SJUSCAppealed.pdf. When in doubt, please be certain to contact the St. Jerome's Advising Specialist, Student Affairs Office, who will provide further assistance.

Discipline: A student is expected to know what constitutes academic integrity, to avoid committing an academic offence, and to take responsibility for their actions. [Check www.uwaterloo.ca/academicintegrity/ for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about "rules" for group work/collaboration should seek guidance from the course instructor, academic advisor, or the Associate Dean. When misconduct has been found to have occurred, disciplinary penalties will be imposed under the St. Jerome's University Policy on Student Discipline, www.sju.ca/sites/default/files/PLCY_AOM_Student-Discipline_20131122-SJUSCAppealed.pdf. For information on categories of offences and types of penalties, students should refer to University of Waterloo Policy 71, Student Discipline, www.adm.uwaterloo.ca/infosec/Policies/policy71.htm. For typical penalties, check the Guidelines for the Assessment of Penalties, www.adm.uwaterloo.ca/infosec/guidelines/penaltyguidelines.htm.

Appeals: A decision made or penalty imposed under the St. Jerome's University Policy on Student Petitions and Grievances (other than a petition) or the St. Jerome's University Policy on Student Discipline may be appealed if there is a ground. A student who believes they have a ground for an appeal should refer to the St. Jerome's University Policy on Student Appeals, www.sju.ca/sites/default/files/PLCY_AOM_Student-Appeals_20131122-SJUSCAppealed.pdf.

Note for students with disabilities: AccessAbility Services, located in Needles Hall (Room 1401) at the University of Waterloo, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require

academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term, www.uwaterloo.ca/accessability-services/.

How to Do Your Best in This Class

- 0) Make the decision to do your best and commit yourself to this! There is no substitute.
- 1) Come to class! Be alert, ask questions – either in class or later. Do more than mindlessly write down whatever appears on a slide: *Think* about the material – try to come up with your own examples and illustrations by applying the material to people you know, media happenings, etc.
- 2) Do the readings! Ideally, read them at least once before the relevant week’s lecture, and at least once after that lecture. Don’t mindlessly run a highlighter over the words: *Think* about the material – write down questions, observations, possible examples, etc. as you read.
- 3) Look for connections! We will deal with a lot of specific phenomena, but there some big themes will keep recurring throughout the term. Look for them. Look also for connections between lecture and assigned readings. Think about what *this* theorist might say about *that* topic, etc. – even if we’ve never addressed this in class.
- 4) Test yourself! Don’t assume that certain concepts are “easy” or “common sense” – often, they are not. Can you explain an idea to someone, without reciting your notes, in a way that that person will understand? If given a blank page, could you reproduce the structure of ideas I use to organize my lectures? Can you create a structure of ideas that accurately summarizes a reading’s main points? Can you recognize sets of information in lectures or readings that might make good multiple choice options, and can you explain how members of a set are similar or different?

These may sound difficult, especially if you have gotten by with only memorization in the past. Having said that, I strongly suspect that you WILL do better in this class if you put the above suggestions into practice. *I have also prepared the “MC Survival Guide” (downloadable through LEARN) that offers you specific tips for preparing for my tests.* Remember: I am happy to see you succeed, but YOU have to do the work.

Final Words: Good luck! I hope that this course is a worthwhile experience.