



PSYCH 315: Adolescence and Emerging Adulthood (Fall 2021)

Instructor: Dr. Maureen Drysdale (aka Dr. D)

TAs: Sarah Callaghan, Ava Skuse, and Areesha Satti

Course Description and Learning Outcomes

Course Description

The period of adolescence and emerging adulthood is characterized as a complex interaction between the individual and his/her environment. This course introduces students to the nature of this interaction as well as the various aspects of adolescent and emerging adult development. Topics to be covered include: the biological, cognitive, social, cultural, and emotional changes that take place during the adolescent and emerging adult period; psychosocial development; sexuality and gender; schools and education; mental health and wellbeing; and the general difficulties of adolescence and emerging adulthood. The course is also developed to foster critical and incisive thinking about current adolescent and emerging adulthood issues. The way adolescents and emerging adults are portrayed in the media and the effects of those portrayals on today's adolescents and emerging adults will also be emphasized.

Learning Outcomes

At the end of this course, students should understand:

- the process and importance of theoretical foundations in the investigation of adolescent and emerging adult development
- aspects of physical development, health issues, physical appearance, culture, sexuality, and gender,
- the process of cognitive development
- the processes and problems of developing a strong identity
- the role of family and peer relationships
- schools and education
- mental health and wellbeing
- challenges and problems faced by adolescents and emerging adults
- media and the portrayal of adolescent development in media
- professional and scholarly writing on current adolescent and emerging adult issues

Materials and Resources

Required Textbook

Arnett, J. J. (2018). *Adolescence and emerging adulthood: A cultural approach (6th ed.)*. Pearson. The textbook is available here:

https://www.campusebookstore.com/integration/AccessCodes/default.aspx?bookseller_id=22&Course=PSYCH+315&frame=YES&t=permalink

You will get an instant code when you purchase it.

This course also utilizes Revel, by Pearson. [Revel](#) is an interactive tool that enhances student learning. It can be accessed through your computer as well as through a [mobile application](#) on your cell phone and/or tablet. Revel allows students access to their textbooks and the application also has an option to listen to an audio file of your textbook offline. It includes a number of study tools, including regular knowledge check questions, flashcards, matching activities, and practice questions.

For Revel registering information, follow the steps in the attached file

For textbook ordering information, please contact the W Store | Course Materials + Supplies.

For your convenience, you can compile a list of required and optional course materials including both print and digital formats, through [UWaterloo BookLook](#) using your Quest userID and password. If you are having difficulties ordering online and need support, please contact the W Store by email wstore@lists.uwaterloo.ca, by local phone +1 519-888-4673 or by toll-free at +1 866-330-7933. Please be aware that textbook orders CANNOT be taken over the phone.

Resources

[Library COVID-19: Updates on library services and operations.](#)

Correspondence

- Dr. D uses the Announcements widget on the Course Home page during the term to communicate new or changing information as needed. You are expected to read the announcements on a regular basis. To ensure you are viewing the complete list of announcements, you may need to click Show All Announcements. Students must have 'fees arranged' to have access to the course.
- All emails and posts to Learn should be respectful, polite, and professional, (i.e., a salutation/greeting, a purpose, and a closing signature).
- Do not email asking for grades. All grades will be posted on Learn.

Contact Information

Who and Why	Contact Details
<p>Instructor and TAs</p> <ul style="list-style-type: none"> • Course-related questions (e.g., course content, deadlines, assignments, etc.) <ul style="list-style-type: none"> ○ Note that all deadline extensions and make-ups must be directed to and approved by the Instructor ○ To get the most timely response when emailing the TAs, please ensure that your emails are sent to both Sarah and Ava • Questions of a personal nature 	<p>Post your course-related questions to the Ask Dr. D, Sarah, Ava, and Areesha discussion topic*. This allows other students to benefit from your question as well.</p> <p>Questions of a personal nature can be directed to your instructor.</p> <p>Instructor: Dr. Maureen Drysdale mdrysdal@uwaterloo.ca Virtual office hours: By appointment only.</p> <p>TA: Sarah Callaghan scallaghan@uwaterloo.ca</p> <p>TA: Areesha Satti aejskuse@uwaterloo.ca</p> <p>TA: Ava Skuse aejskuse@uwaterloo.ca</p> <p>Your instructor and TAs check their emails and the Ask Dr. D, Sarah, Ava, and Areesha discussion topic* frequently and will make every effort to reply to your questions within 24–48 hours, Monday to Friday.</p> <p>*Discussion topics can be accessed by clicking Connect and then Discussions on the course navigation bar above.</p>
<p>Technical Support</p> <ul style="list-style-type: none"> • Technical problems with Waterloo LEARN 	<p>learnhelp@uwaterloo.ca</p> <p>Include your full name, WatIAM user ID, student number, and course name and number.</p> <p>Technical support is available during regular business hours, Monday to Friday, 8:30 AM to 4:30 PM (Eastern Time).</p> <p>LEARN Help Student Documentation</p>

Who and Why	Contact Details
<p>Student Resources</p>	<p>Student Resources</p> <ul style="list-style-type: none"> • Academic advice • Student success • WatCards • Library services and more

Course and Department Policies

Late Additions to the Course

If you enrol in this course after any of the due dates have passed, but before the add period ends, contact your instructor directly to make alternate arrangements. See the **Course Schedule** for due dates. Also, see the **Contact Information** details above for how to get in touch with your instructor.

Assessment Deadlines and Grades

- Deadline dates, grades, and weightings are **final**. Please do not request changes to the weighting of any assessments, or deadline dates, or times (medical exceptions - see policy for deferrals below - and late additions excluded).

Release of Grades

- When assessments are graded, the results will be posted on Learn. Grades are not released over email or telephone. Do not send an email to the Instructor or TA regarding “when will the grades be posted?”. We endeavour to complete the grading as quickly as possible and normally grades are posted within a week of the assessment.

Regarding Cheating

Cheating is strongly discouraged for the quizzes and other assessments. You can maximize your learning by completing the readings and assignments and taking responsibility for studying. We encourage all students to complete the quizzes and other assessments with integrity.

Extensions Policy for All Assessments

- **Extensions for the discussions, quizzes, and/or all other assessments is decided by Dr. D. Extensions are not automatic.**
- **A change of due date will be refused if Dr. D's policy is not followed.** If a student completes a discussion post, quiz, or other assessment while ill, the grade stands.

- Only on the documented basis of illness or other extreme circumstance will students be permitted to an extension for a discussion post, quiz, assignment, or the paper.
- **In all cases (e.g., death in the family, illness) it is the student's responsibility to inform Dr. D BEFORE the due date.** Failure to contact Dr. D before the due date forfeits a right to an extension or make-up.
- **In the case of illness, the student must provide an official "Verification of Illness Form" (VIF) from the University of Waterloo (available online at the [Student Medical Clinic](#)) - which states that, due to medical (physical and/or mental health) reasons, it was IMPOSSIBLE (i.e., severe illness) for the student to complete the assessment by the due date.**
- **The verification of illness form must be completed, endorsed, and stamped by a licensed medical practitioner BEFORE OR ON THE SAME DAY as the due date. Once the student has been seen by a licensed medical practitioner and the VIF has been completed, the student must inform the Instructor by email ASAP. A form completed after the day and time of the due date WILL NOT BE ACCEPTED. The completed form must be submitted to Dr. D within 24 hours of the due date – a photo of the VIF can be emailed as soon as it is received from the licensed medical practitioner (see below for submitting the hard copy). Doctors' notes created by a physician or clinic, or notes scribbled on a prescription pad are *not acceptable medical certificates*.**
- **In the case of an immediate family members' illness or hospitalization, documentation from the hospital or attending physician is required. Deferrals and extensions will only be granted for immediate family member illnesses. An immediate family member is defined as (and limited to) a student's: spouse/common-law partner, child, parent, grandparent, sibling, mother-in-law, father-in-law, brother-in-law, and sister-in-law.**
- **In the case of a death in the family, documentation must be provided indicating your relationship to the deceased, the date and time of the funeral service, and an official letter or certificate from the funeral home or organization handling the arrangements. Deferrals will only be granted for a partner's death or an immediate family member's death.**
- **Failure to follow the above requirements will forfeit your right to an EXTENSION. *If you are ill and you contact the Instructor after the due date, you will NOT be permitted to complete the assessment.***
- Any student missing an assessment with a valid reason and having followed policy must complete the assessment that was missed. The format of the assessment may differ.

University Policies

Academic integrity: In order to maintain a culture of academic integrity, members of the University of Waterloo community are expected to promote honesty, trust, fairness, respect and responsibility. [Check the [Office of Academic Integrity](#) for more information.]

Grievance: A student who believes that a decision affecting some aspect of his/her university life has been unfair or unreasonable may have grounds for initiating a grievance. Read [Policy 70, Student Petitions and Grievances, Section 4](#). When in doubt, please be certain to contact the department's administrative assistant who will provide further assistance.

Discipline: A student is expected to know what constitutes academic integrity to avoid committing an academic offence, and to take responsibility for his/her actions. [Check the [Office of Academic Integrity](#) for more information.] A student who is unsure whether an action constitutes an offence, or who needs help in learning how to avoid offences (e.g., plagiarism, cheating) or about “rules” for group work/collaboration should seek guidance from the course instructor, academic advisor, or the undergraduate associate dean. For information on categories of offences and types of penalties, students should refer to [Policy 71, Student Discipline](#). For typical penalties, check [Guidelines for the Assessment of Penalties](#).

Appeals: A decision made or penalty imposed under [Policy 70, Student Petitions and Grievances](#) (other than a petition) or [Policy 71, Student Discipline](#) may be appealed if there is a ground. A student who believes he/she has a ground for an appeal should refer to [Policy 72, Student Appeals](#).

Note for students with disabilities: [AccessAbility Services](#), located in Needles Hall, Room 1401, collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with AccessAbility Services at the beginning of each academic term.

Turnitin.com: Text matching software (Turnitin®) may be used to screen assignments in this course. Turnitin® is used to verify that all materials and sources in assignments are documented. Students' submissions are stored on a U.S. server, therefore students must be given an alternative (e.g., scaffolded assignment or annotated bibliography), if they are concerned about their privacy and/or security. Students will be given due notice, in the first week of the term and/or at the time assignment details are provided, about arrangements and alternatives for the use of Turnitin in this course.

It is the responsibility of the student to notify the instructor if they, in the first week of term or at the time assignment details are provided, wish to submit alternate assignment.

June 15, 2009 (updated March 2018)

Coronavirus Information

[Coronavirus Information for Students](#)

This resource provides updated information on COVID-19 and guidance for accommodations due to COVID-19.

Mental Health Support

All of us need a support system. We encourage you to seek out mental health supports when they are needed. Please reach out to [Campus Wellness and Counselling Services](#).

We understand that these circumstances can be troubling, and you may need to speak with someone for emotional support. [Good2Talk](#) is a post-secondary student helpline based in Ontario, Canada that is available to all students.

Students Requiring Accommodations

The [AccessAbility Services](#) office, located on the first floor of the Needles Hall extension (1401), collaborates with all academic departments to arrange appropriate accommodations for students with disabilities without compromising the academic integrity of the curriculum. If you require academic accommodations to lessen the impact of your disability, please register with the AS office at the beginning of each academic term.

Territorial Acknowledgement

We acknowledge that we live and work on the traditional territory of the Attawandaron (Neutral), Anishinaabeg, and Haudenosaunee peoples. The University of Waterloo and St. Jerome's University are situated on the Haldimand Tract, the land promised to the Six Nations that includes ten kilometres on each side of the Grand River.

Credits and Copyright

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Course Schedule

IMPORTANT: ALL TIMES EASTERN - Please see the University Policies section of your Syllabus for details.

Week	Date	Topic	Readings	Assessments	Due Date	Weight (%)
1	Week of September 8	Introductions, Getting Organized, & Study Strategies	Overview, Syllabus, Weekly Course Schedule, and Assessments	Introduce Yourself	Complete by September 24, 2021 at 1:00 (13:00)	Ungraded
2	Week of September 13	Introduction to Adolescence	Chapter 1 (Pages 3-16) & Module 1	Discussion 1: Starts Monday September 13 at 8:00 am	Discussion 1: Due Friday September 24 at 1:00 pm	4%
3	Week of September 20	Biological Foundations	Chapter 2 & Module 2	Quiz 1 (covers Chapter 2 + Module 2): Starts Monday September 20 at 8:00 am	Quiz 1: Due Monday September 27 at 1:00 pm	8%
4	Week of September 27	Cognitive Development	Chapter 3 (pages 69-78; 85-91; 98-101) & Module 3	Assignment 1: Starts Monday September 27 at 8:30 am	Assignment 1: Due Monday October 4 at 1:00 pm	12%

Week	Date	Topic	Readings	Assessments	Due Date	Weight (%)
5	Week of October 4	Cultural Beliefs & Gender	Chapter 4 (pages 106-118) & Module 4 & Chapter 5 (pages 134-153) & Module 4	Quiz 2 (covers Chapters 4 & 5 & Module 4): Starts Monday October 4 at 8:00 am	Quiz 2: Due Monday October 18 at 1:00 pm (Due on the Monday after Reading Week)	8%
	October 11-17	READING WEEK				
6	Week of October 18	The Self	Chapter 6 & Module 5	Discussion 2: Starts Monday October 18 at 8:00 am Paper Details and Criteria are Released	Discussion 2: Due Monday October 25 at 1:00 pm	4%
7	Week of October 25	Family Relationships	Chapter 7 & Module 6	Quiz 3 (covers Chapter 7 & Module 6): Starts Monday October 25 at 8:30 am	Quiz 3: Due Monday November 1 at 1:00 pm	8%

8	Week of November 1	Friends and Peers	Chapter 8 & Module 7	Assignment 2: Starts Monday November 1 at 8:00 am	Assignment 2: Due Monday November 8 at 1:00 pm	12%
9	Week of November 8	Love and Sexuality	Chapter 9 & Module 8		Paper Due: Monday November 15 at 1:00 pm	20%
10	Week of November 15	School	Chapter 10 & Module 9	Quiz 4 (covers Chapter 10 & Module 9): Starts Monday November 15 at 8:00 am	Quiz 4: Due Monday November 22 at 1:00 pm	8%
11	Week of November 22	Media	Chapter 12 & Module 10	Assignment 3: Starts Monday November 22 at 8:00 am	Assignment 3: Due Monday November 29 at 1:00 pm	12%
12	Week of November 29 & December 6	Problems & Resilience	Chapter 13 & Module 11	Discussion 4: Starts Monday November 29 at 8:00 am	Discussion 4: Due Tuesday December 7 at 1:00 pm	4%